

*Welcome to Zemari Hair
Design and Spa*

We offer anti-aging facials for
all skin types using a
pharmaceutical grade skin care
line-Pharmagel.

No animal ingredients or
testing.

Lanolin-Free and mineral oil-
free.

All natural and hypoallergenic.

Ph balanced and PABA-free
sunscreen.

Dermatologist recommended.

We also offer Reiki and
Reflexology.

We accept:

Visa
Master Card
Cash & Debit
Sorry, No Checks



Spa Services

By Appointment Only

603 740-4314
30 Holiday Dr.
Inside the Maple Suites
Community
Dover, NH

www.zemarihairdesign.com

Facials

Express Facial- 1/2 hour \$40
Cleansing, light exfoliation, mask, moisturizing.

Anti-Aging Spa Facial-1 1/2 hours \$65
Cleansing, exfoliation, extractions, message, mask, moisturizing.
Also includes hand and foot message.

Specialty Facials

Men's Facial – 45 min. \$50
Teen Facial – 45 min. \$50
Acne Treatment-45 min. \$50

Waxing

Eyebrows \$12
Lip \$7
Chin \$8
Full Legs \$56
1/2 Leg \$35
Full Arm \$30
1/2 Arm \$20
Bikini \$30

Body Exfoliation \$65
Cleanse, exfoliation, moisturize.

Spa Pedicure \$40
Hand Paraffin \$15
Foot Paraffin \$20

What is Reiki?

A Reiki treatment is a gentle, non-intrusive therapy, which provides deep relaxation and evokes a sense of peace and well-being. Your Reiki practitioner will explain what will be done. You may be sitting up or lying down and you remain fully clothed. Soothing background music may be played. The practitioner's hands are held over or in light contact with your body in a sequence of standard positions. Through this laying on of hands a peaceful, healing interaction is shared with you. For most people, a Reiki treatment is calming and deeply relaxing. Some report a sense of warmth as well as peacefulness. Others describe a mild tingling sensation in different parts of their body. Some fall asleep during a Reiki treatment.

1 Hour Treatment \$50
1/2 Hour Treatment \$35

What is Reflexology?

Reflexology is a form of bodywork that focuses primarily on the feet. The underlying theory behind reflexology is that there are "reflex" areas on the feet that correspond to specific organs, glands, and other parts of the body. For example:

The tips of the toes reflect the head.

The heart and chest are around the ball of the foot

The liver, pancreas and kidney are in the arch of the foot.

Low back and intestines are towards the heel.

Practitioners believe that applying pressure to these reflex areas can promote health in the corresponding organs through energetic pathways.

40 Min. Treatment \$40